

# MACH MARTIAL ARTS

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\*\*Specified classes are for those groups only\*\*

MON	TUE	WED (Sparring Gears)	THU (Sparring Gears)	FRI	SAT
3:30PM <b>LITTLE TIGER</b> BEGINNER U-7 (White ~ Orange/Purple)	3:30PM <b>LITTLE TIGER</b> INTERMEDIATE (Blue/Brown ~ Brown/Red)	3:30PM <b>LITTLE TIGER</b> BEGINNER U-7 (White ~ Orange/Purple)	3:30PM <b>LITTLE TIGER</b> INTERMEDIATE (Blue/Brown ~ Brown/Red)	3:30PM <b>LT BEG &amp; INT</b> (White ~ Brown/Red)	
4:10PM <b>BEGINNER</b> Over 8 Years Old (White ~ Yellow/Orange)	4:10PM <b>INTERMEDIATE</b> (Orange ~ Green)	4:10PM <b>BEGINNER</b> Over 8 Years Old (White ~ Yellow/Orange)	4:10PM <b>INTERMEDIATE</b> (Orange ~ Green)	4:10PM <b>MIXED</b> (White ~ Black/White)	
5:00PM <b>LITTLE TIGER</b> INTERMEDIATE (Blue/Brown ~ Brown/Red)	5:00PM <b>ADVANCED</b> (Purple ~ Red)	5:00PM <b>LITTLE TIGER</b> INTERMEDIATE (Blue/Brown ~ Brown/Red)	5:00PM <b>ADVANCED</b> (Purple ~ Red)	5:00PM <b>BLACK BELTS</b> 1st Poom/Dan & Up	
5:35PM <b>BLACK BELTS</b> 1st Poom/Dan	5:45PM <b>LITTLE TIGER</b> BEGINNER U-7 (White ~ Orange/Purple)	5:35PM <b>BLACK BELTS</b> 1st Poom/Dan	5:45PM <b>LITTLE TIGER</b> BEGINNER U-7 (White ~ Orange/Purple)	5:45PM <b>TEAMMACH</b> Sparring	
6:20PM <b>INTERMEDIATE</b> (Orange ~ Green)	6:25PM <b>SENIORS</b> (Red/Black~Black/White)	6:20PM <b>INTERMEDIATE</b> (Orange ~ Green)	6:25PM <b>SENIORS</b> (Red/Black~Black/White)	6:30PM <b>TEAMMACH</b> Poomsae	
7:05PM <b>ADVANCED</b> (Purple ~ Red)	7:10PM <b>BEGINNER</b> Over 8 Years Old (White ~ Yellow/Orange)	7:05PM <b>ADVANCED</b> (Purple ~ Red)	7:10PM <b>BEGINNER</b> Over 8 Years Old (White ~ Yellow/Orange)		
7:50PM <b>SENIORS</b> (Red/Black ~ Black/White)	8:00PM <b>BLACK BELTS</b> 1st Poom/Dan & Up	7:50PM <b>SENIORS</b> (Red/Black ~ Black/White)	8:00PM <b>BLACK BELTS</b> 1st Poom/Dan & Up		
8:35PM <b>BLACK BELTS</b> 2nd Poom/Dan & Up	9:00PM <b>OPEN TRAINING</b> Black Belts & Team Mach	8:35PM <b>BLACK BELTS</b> 2nd Poom/Dan & Up	9:00PM <b>INSTRUCTOR</b> (Leadership Team & Assistant Instructors)		

INSPIRING HEARTS AND MINDS!